## **SPRING VALLEY**

# **March 2019**

# **GRADES K-12 MENU**

\* \* \* Menu may change \* \* \*

### **BREAKFAST PRICES x's 16 DAYS**

MONDAY

#### **LUNCH PRICES x's 16 DAYS** Grades K-5: \$1.85/day or \$29.60/month \$2.60/day or \$41.60/month

Grades K-12: Reduced: \$0.30/day or \$4.80/month Milk: \$0.40/day or \$6.40/month \$2.70/day or \$43.20/month Adult/Visitor

Grades 6-12: \$2.90/day or \$46.40/month Reduced: \$0.40/day or \$6.40/month Milk: \$0.40/day or \$6.40/month Adult/Visitor

\$3.70/day or \$59.20/month

FRIDAY

Pay your food service account on-line.

#### Spring Valley Schools district home page, Family Access or On-line Payment buttons THESDAY WEDNESDAY THURSDAY

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BREAKFAST Banana Bread & Smoothie LUNCH ENTREES -Deluxe Nacho's -Cardinal Burger Sides Fiesta Beans Carrots Sliced Peaches
5	6	7	8
	_	BREAKFAST	BREAKFAST
			French Toast Bites &
		88 ~	Yogurt
LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
			-Cheese Bites
			-Fish Sandwich
		2881311	1 1511 24114 11 1011
Breaded Fork enop	Sincedea BBQ 1 ork		
Sides	Sides	Sides	Sides
			Tomato Soup
			Craisins
Siraweerry Cap			Craisins
12			15
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
	5 BREAKFAST Breakfast Pizza  LUNCH ENTREES -Chicken Chow Mein Rice -Breaded Pork Chop  Sides Carrots Strawberry Cup	5 BREAKFAST Breakfast Pizza  LUNCH ENTREES -Chicken Chow Mein Rice -Breaded Pork Chop  Sides Carrots Strawberry Cup  Sides Carrots Strawberry Cup  12  6 BREAKFAST Pancake Bites  LUNCH ENTREES -Pizza Fries Marinara Sauce -Shredded BBQ Pork  Sides Corn Warm Cinnamon Apple Slices  13	Sides Carrots Strawberry Cup  Sides Carrots Strawberry Cup  12  SREAKFAST Pancake Bites  BREAKFAST Pancake Bites  BREAKFAST BREAKFAST Bacon & Egg Scramble  LUNCH ENTREES -Pizza Fries Marinara Sauce -Shredded BBQ Pork  Sides Corn Warm Cinnamon Apple Slices  12  13  7  BREAKFAST Bacon & Egg Scramble  LUNCH ENTREES -Popcorn Chicken -Eggroll  Sides Rice Pilaf Baked Beans Juice Cup  14

<sup>\* \* \*</sup> This institution is an equal opportunity provider \* \* \*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18	19	20	21	22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Chocolate	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	French Toast Bites &
Chip Round				Yogurt
LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
-Mini Corn Dogs	-Orange Chicken	-Turkey Roast in Gravy	-Pizza Crunchers	-Quesadilla
-Burrito	Rice	Dinner Roll	Marinara Sauce	-Ravioli
	-Hamburger	-Philly Cheesesteak	-Chicken Alfredo	Breadstick
		Sandwich	Breadstick	
Sides	Sides	Sides	Sides	Sides
Baked Beans	Green Beans	Mashed Potatoes	Broccoli	Carrots
Mixed Vegetables	Sliced Pears	Cauliflower	Warm Cinnamon	Tropical Fruit
Applesauce		Sliced Peaches	Apple Slices	
Shamrock Cool Mint				
Frozen Yogurt				
25	26	27	28	29
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Stuffed Hash Brown	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	Banana Bread &
				Smoothie
LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
-French Toast	-Chicken ala King	-Spaghetti	-Cheeseburger	-Italian Dunkers
Sausage	Biscuit	Garlic Bread	-Pizza Rolls	Marinara Sauce
-Turkey/Cheese Wrap	-Corn Dog	-Fish Sticks		-Breaded Chicken Patty
Sides	Sides	Sides	Sides	Sides
Hash Brown Rounds	Peas	Corn	Potato Wedges	Green Beans
Blueberries	Mandarin Oranges	Strawberry Cup	Baked Beans	Applesauce
Juice Cup			Mixed Fruit	

K-12 BREAKFAST INCLUDES: Milk, juice & applesauce / ALTERNATIVE CHOICE: Cold cereal K-12 LUNCH INCLUDES: Fresh fruit, salad bar, and milk choice (1% white and 1% chocolate)

K-12 LUNCH: All sandwiches are served with whole grain bun or bread 6-12 LUNCH ALTERNATIVES: 3<sup>rd</sup> choice item will be posted daily

You will be receiving a phone call from the Spring Valley Food Service Department when your family lunch account balance reaches \$3.00. If we are unable to reach you or leave a message, a letter will be sent.

### If your account reaches a negative \$10.00 balance, NO more purchases will be allowed.

You can access your family lunch account through the school web site @ <a href="www.springvalley.k12.wi.us">www.springvalley.k12.wi.us</a>. If you should have any questions concerning your family account, please contact Amy Fisher at 715-778-5551 ext. 5109.

\* \* \* Mail payments to: School District of Spring Valley, Attn: Food Service, P.O. Box 249, Spring Valley, WI, 54767 \* \* \*

### Seasonal Work- Change in Income- Change in Household Numbers

Remember, you may apply or reapply for free or reduced meals at any time during the school year. Applications are available in both school offices, can be mailed to you or printable on-line from our S.V. School District site, <a href="www.springvalley.k12.wi.us">www.springvalley.k12.wi.us</a> (District Information-School Board-S.V. District Forms).

Please call or e-mail with any questions.

Amy Fisher

715-778-5551 fishera@springvalley.k12.wi.us



## Free and Reduced Breakfast/ Lunch Program:

Remember a new application must be filled out every school year.

All families are encouraged to fill out a free/reduced application. This helps our district in many areas, not just food service.

Remember a new application must be filled out every school year. If there is a change in income or household size throughout the school year a new application can be filled out.

School Year 2018-2019 applications are now available on our school web site and school offices.

Breakfast is served daily at 7:45 am until the first bell rings.

Cold Lunch/Brown Bag Lunch is available from the school kitchen for Field Trips. You will be charged your normal lunch rate. Please let the food service staff know ahead of time when you will need a lunch to go.